

# MINUTES

## Woodridge Community Wellness Council

July 15, 2009

### ATTENDEES

Julie Burke, WCWC Chair  
Jeff Burk, Lisle-Woodridge Fire District  
Mary Ann Frank, Woodridge Junior Woman's Club & Woodridge 50<sup>th</sup>/40<sup>th</sup> Anniversary Committee  
Michelle Funk, Woodridge Park District  
Michelle Gonzales, DuPage County Health Department  
Suzanne Hammer, Lifesource  
Gail Hardig, Jefferson Junior High School  
Rev. John Hoekema, Horizon Community Church  
Lisa Horne, Family Shelter Service  
Pat Nugent, Metropolitan Family Services  
Julie Rhodes, Woodridge Park District & Woodridge Jaycees  
Rob Siebert, Boys Scouts of America  
Beth Van Opdorp, Woodridge Public Library  
Teri Vasile, Woodridge Community Resource Center

### INTRODUCTIONS

Julie Burke, Woodridge Community Wellness Council (WCWC) Chair, called the meeting to order at 1:02 p.m. and welcomed the council members to the meeting. Beth Van Opdorp volunteered to take the notes for the meeting. Members introduced themselves and stated their affiliation.

### APPROVAL OF MINUTES

The chair asked for a motion to approve the minutes of April 15, 2009 meeting. The minutes were approved by a unanimous vote.

### ANNOUNCEMENTS

#### Metropolitan Family Services (MFS) - Pat Nugent

The Parents as Teachers (PTS) program has been serving families within Woodridge School District 68 for 11-1/2 years. PTS is funded by District 68, the Woodridge Community Pantry and United Way. It is a home visiting program for children from birth to age 5. Counselors work with the parents on the developmental needs of the children. Monthly Family Nights are included in the program. The Woodridge Community Pantry provides food for those events. There are usually 2-3 playgroups at the Woodridge Community Resource Center (CRC) each year.

The State of Illinois has imposed deep funding cuts for social services as well as services statewide. Participants in the PTS programs are now writing letters to their legislators to request continued funding of the program.

The agency also provides adoptive children counseling, general counseling for students and senior counseling. For more information call 630 784-4978.

#### Metropolitan Family Services MetroMentors Program - Julie Burke

The MetroMentors Program is in dire need of male mentors. There is currently a waiting list of boys waiting to be matched with mentors. Many have been on the list for more than six months. Female volunteers are needed too. The MetroMentors Program meets at the Woodridge Community Resource Center one evening per week where the mentors interact with the children in the program. The time commitment for a mentor is 1.5 hours a week for one year. Prospective mentors can contact Marsha Ndoko at 630.784.4836 for more information.

#### Woodridge Community Resource Center (CRC) - Teri Vasile

The summer program at the CRC is serving 65 children in two sessions four days a week. SEASPAR provides programs two days a week and the other days are devoted to field trips. The first trip was to Cypress Cove Water Park the previous day. The final trip will be a service trip to Feed My Starving Children in Aurora. Feed My Starving Children is a non-profit Christian organization committed to feeding starving children hungry in body and spirit. Children and adults hand-pack meals formulated specially for starving children; the meals are then shipped to more than 60 countries. For more information call 630-851-0404 or go to [www.fmsc.org](http://www.fmsc.org).

#### Lisle-Woodridge Fire District - Jeff Burk

- The public education position formerly staffed by Jay Caron has been eliminated.
- Demand for services increases every year. Currently 68% of calls are for EMS services and 22% for fire services.
- Arson for profit schemes, whereby people burn down their homes to collect insurance, have not been successful due to the efforts of the LWFD.

For information see [www.lwfd.org](http://www.lwfd.org)

#### Horizon Community Church - Jon Hoekema

- The church is a host site for Angel Food Ministry. The \$30 Signature box is the most popular. Food can be ordered and paid for online. Link cards may also be used. The food is to be picked up at the church at 63<sup>rd</sup> and Woodward between 9:30- 10:30 a.m. on the 4<sup>th</sup> Saturday of the month. Pat Nugent said that she ordered the food to check it out for families served by Metropolitan Family Services and said that the food is good. John explained food comes directly from the producers. Angel Food Ministries is a non-profit, non-denominational organization dedicated to providing food relief and contributing to benevolent outreaches to communities throughout the United States. The Ministry has already received hundreds of orders for food.
- New Leaf Resources, a Christian mental health agency, has an office at the church. A men's group meets on Tuesday evenings.
- The church held a blood drive at the church recently. Lifesource provided the service.
- The church's website is [www.horizoncc.org](http://www.horizoncc.org)

#### DuPage County Health Department - Michelle Gonzales

- The Back to School Fair will be held at DuPage County Fair Grounds on August 5 from 11:00 a.m. - 5:00 p.m.
- Immunization Clinics will take place on three days at three sites. The locations of the clinics are:
  - a. East Public Health Center, 1111 E. Jackson Street, Lombard;

- b. Southeast Public Health Center, 422 N. Cass Avenue, Westmont
- c. West Public Health Center, 111 N. County Farm Road, Wheaton

#### Jefferson Junior High School – Gail Hartig

The new Health and Wellness Center at Jefferson Junior High School is now open. There are treadmills and bikes as well as a climbing wall. Toning and cardio are the focus. The District is focusing on the total child including their physical health and fitness. They are responding to the national epidemic of child obesity as well as the large number of underweight children. The Center was made possible through a Carol M. White Physical Education Program (PEP) grant from the United States Department of Education. The Wellness Center will move the current curriculum toward best practice in physical education.

#### Woodridge Park District – Julie Rhodes

- Summer intern Michelle Funk was introduced.
- The fall park district brochure will be delivered on July 31.

#### Woodridge Jaycees - Julie Rhodes

- The Chuck Ceja golf outing will hold its 3<sup>rd</sup> annual Chuck Ceja golf outing. He was a Woodridge resident and member of the Jaycees who died at an early age.
- The Jaycees held its Survivor Challenge. The teams participated in games and worked on teamwork skills.
- The Club accepts requests to hold fundraisers for needy families. The club evaluates the requests and decides if it can help.

#### Celebrate Woodridge 50<sup>th</sup>/40<sup>th</sup> Anniversary Committee– Mary Ann Frank

- There were 100 entries in the Memorial Day Parade and the largest recorded attendance (6000).
- There was a huge turnout for the Founders Day picnic on July 4 which included the rededication of Castaldo Park. Many Castaldo family members were in attendance. Clemente Castaldo died during the Vietnam War. Founding families of Woodridge were also honored.
- At the Founders Day picnic Woodridge Mayor Bill Murphy announced that the area between Village Hall and the Library will be called Kagann Plaza. Joel and Laurie Kagann have served and continue to serve the village in various public positions and have played leadership roles over several decades. Dedication of the plaza will take place on or about Aug. 24.
- The Lions Club is putting together a time capsule with the Woodridge schools.
- An ecumenical service will conclude the year of 50<sup>th</sup> anniversary celebrations. It is tentatively scheduled for the Sunday before Thanksgiving at a place yet to be determined

#### Woodridge Junior Woman's Club - Mary Ann Frank

- The Junior Woman's Club is raising money for the 50<sup>th</sup> Anniversary Quilt Project 50-4-50 raffle to benefit the Woodridge Community Pantry through sales of the 50<sup>th</sup> anniversary logo pins. The Club has already donated enough proceeds to buy 2-1/2 tons of food and hope to add another half ton by the end of July.
- A school supply drive is going on now. Supplies can be dropped off at Walgreens, Jewel, Library and Park District.
- A Back to Work Clothing Drive is coming up and may be coupled with a Coats for Kids Drive. Clothes may be given to the Sharing Connection.

### Woodridge Public Library - Beth Van Opdorp

- In honor of the 50<sup>th</sup> anniversary of the Village, the Library will have a local history display during August
- The Library has created a Web-based display of historical images and information related to Woodridge at: [www.woodridgelibrary.org/woodridgehistory](http://www.woodridgelibrary.org/woodridgehistory).
- "Creating a Resume That Works for You" is an upcoming program on July 22 at 7 p.m. presented by Georgiana Carrollus, a certified professional resume writer and coach.
- The Lisle Township Job Club that meets at the Library on Monday mornings is currently without a facilitator due to the retirement of Susan Peterson.
- Summer reading programs will conclude on July 25.

### Boy Scouts of America, Three Fires Council – Rob Siebert

- Three one-week day camp sessions take place at Von Oven Scout Reservation in Naperville for first through fifth graders.
- An average of 200 Boy Scouts attend camp each week in Wisconsin where they can participate in team building, fishing, canoeing and other activities.
- The co-ed Venturing Crew 562 exists for ages 14-21.
- There are a number of Cub Scout packs in Woodridge. Adult volunteers are needed.

### Lifesource- Suzanne Hammer

- Members were urged to spend one hour donating blood. While 30 percent of the population is eligible to donate blood, only three percent actually do. Lifesource offers mini-wellness checks including cholesterol at the time of donation.
- Lifesource is available to be at Health Fairs.

### Rotary Club of Woodridge - Julie Burke

- The mini triathlon will take place on August 16. Thanks to a grant from the Celebrate Woodridge 40<sup>th</sup>/50<sup>th</sup> Anniversary Committee, a Kids Mini Triathlon for kids ages 7-12 has been added. The mini triathlon is one of two major fundraisers held by the club. Funds raised are used to support the Woodridge Community Pantry, the CRC, Serenity House and for programs at the CRC, dictionaries for all third graders attending schools in the village, and two \$2000 scholarships for graduating high school seniors as well as international programs to eradicate polio worldwide and the deployment of dentists to Third World countries to correct cleft palates..
- Applications for the Rotary Youth Leadership Activity (RYLA) were distributed. The all-expenses paid program will take place at the Holiday Home Camp on Lake Geneva, Wisconsin from Oct. 9 -11 necessitating an excused absence from school.
- Kirsten Frank, daughter of Mary Ann Frank, was one of the recipients of the \$2000 Rotary college scholarships.

### **NEXT MEETING**

January 20, 2010 at the Woodridge Community Resource Center (CRC)

### **ADJOURNMENT**

The meeting was adjourned at 2:25 p.m. A tour of the Jefferson Junior High School Wellness Center followed.