

## **Woodridge Community Wellness Council**

**April 21, 2010**

### **ATTENDEES**

Kristin Bormann, Community Consolidated School District 99  
Julie Burke, WCWC Chair  
Maria Castellanos, Woodridge Community Resource Center  
Jessica Duggan, Positive Parenting DuPage  
Mary Ann Frank, Woodridge Junior Woman's Club & Woodridge 50<sup>th</sup>/40<sup>th</sup> Anniversary Committee  
Pat Nugent, Metropolitan Family Services  
Julie Rhodes, Woodridge Park District & Woodridge Jaycees  
Beth Van Opdorp, Woodridge Public Library  
Peggy Radke, Family Shelter Service  
Kathleen Rush, Village of Woodridge  
Eliane Stefango, Metropolitan Family Services  
Teri Vasile, Woodridge Community Resource Center

### **INTRODUCTIONS**

Julie Burke, Woodridge Community Wellness Council (WCWC) Chair, called the meeting to order at 1:00 p.m. and welcomed the council members and special guests to the meeting. Maria Castellanos volunteered to take the notes for the meeting. Members introduced themselves and stated their affiliation.

### **APPROVAL OF MINUTES**

The chair asked for a motion to approve the minutes of January, 2010 meeting. The minutes were reviewed and unanimously approved Julie Rhodes and seconded by Teri Vasile.

### **ANNOUNCEMENTS**

Woodridge Community Resource Center – Teri Vasile

After School Program students have registered. The art program is progressing during the after school program. Future plans for an art display at Bridgeview bank. Summer registration is expected for 80 students in 2 sessions, morning is from 10:00 am – 12:00 pm and afternoon is from 1:00 pm – 3:00 pm. University of Illinois Extension will be sponsoring a 9 week Summer Video SPIN Club program where students will learn the art of video, filmmaking and editing from two professional filmmakers. This year's summer program includes 8 field trips including a visit to Six Flags Great America in August, 2010 with a picnic for a group of 100. Early registration for 2010-2011 After School Program is taking place in May, 2010. The 2010-2011 CRC After School program will include a 3<sup>rd</sup> Dance production in May, 2011, more details to come.

### Parents as Teachers, Metropolitan Family Services – Pat Nugent

Pat shared update about a recent fundraiser held in March, 2010 for Parents as Teachers where pajamas were provided for the children. Walk in Ministry in Downers Grove, will give information on who they serve, etc. Pat went to Patti Bellock's office and learned about budget cuts, predict early childhood biggest hit in cuts 25% maybe. The school district had to RIF (reduce in force) three of the Pre K teachers in Woodridge. There may only be 80 slots in Woodridge. The Parents as Teachers is a prevention program, important to teach parents how to go to school with children, etc. It is important to understand to stay involved. Many people present with Patti Bellock. Last time changed and funds did not go to social services. Pat took family she has serviced with her during the visit. Patti Bellock is a great listener. Child is screened before get into program. Families do not have money to qualify for the preschool, may be unprepared at kindergarten.

### Village of Woodridge – Melissa Bohse

There are 150 bills before legislature. Rally among teachers in Springfield, 2010 census is underway. Does track 78 % for Woodridge. 2% above county. State funding comes through per capital. Woodridge is taking close look at budget areas, special event survey. 800 people responded. 4<sup>th</sup> of July is shorter; Jubilee and 4<sup>th</sup> of July picnic. Culture fest will be part of Jubilee. Fundraising events still want to try to support each other. Budget was passed at last Board meeting, 10% reduction. Same service levels were maintained. 20 people lost their positions. 15% reduction in personnel.

### Woodridge Park District – Julie Rhodes

Cypress Cove Booklet and summer brochure was distributed. Wednesdays will have free concerts and free movies in various parks in Woodridge and in Woodridge town center. See list of movies on website. Summer registration started April 21, 2010.

### Woodridge Jaycees – Julie Rhodes

The Woodridge Jaycees held a fundraiser at Fudruckers and a Karaoke for a cure for Cancer at Shannahan's.

### Horizon Community Church – Jon Hikema

Dinner was held at Downers Delight in Downers Grove, IL with 190 attendees. They are looking forward to doing it again in the future. Angel Food Ministries is available, see website, [horizoncc.org](http://horizoncc.org) for more information. Anyone interested can order food at half the cost of groceries. A fundraiser is planned on May 1, 2010 for Horizon church.

### DuPage County Health Department – Michelle

They are trying to do more with less. The DuPage community clinic may move into their building in May or June, 2010. Doctors are volunteering their time and they are looking for nurse practitioners to come aboard. This clinic is for people in DuPage County and will serve the adult population to start. More details to follow. Also, immunizations are available, see flyer. The health department received a grant to help moms with babies under 1 year old. There is a high risk for whooping cough. Make plans to go to the health department, \$15 cost.

### Woodridge Police Department, DARE – Jeff Bean

A DARE lock in was recently held for all students at Jefferson Jr. High, that included all schools, including St. Scholastica. A principal attended also. The evening was a huge success with 222 students and included a DJ, inflatables, Wii games and pizza as food. Jeff plans to meet with PTO parents and kids to get feedback on the event. Kids policed themselves and everything went very smoothly.

Jeff distributed a flyer for an upcoming fundraiser to be held at Buffalo Wild Wings, to benefit DARE Association. This event is also for other regions including Elmhurst, IL. They hope to assist other regions that may have lost DARE due to lack of funding. Also, a fundraiser is planned to fight breast cancer, with Candlelight Bowling on May 22, 2010 at 7:00 pm at AMF Bowling Alley, Bolingbrook, \$30/person.

Jeff has idea to tap into other sources, and has received suggestion for next year's DARE lock – in. Direct action is club contact is Kathy Liss.

### Positive Parenting of DuPage – Casey

They are in the process of filling her position, see website for event calendar. A parenting class is for birth to age 3; they have one parent right now. Spanish class in Villa Park, IL. This is a free program. Call Positive at 1-877-411-7273. Spanish class starts 4-21-10 at 6 pm. Annual reports were distributed, first one, current as of this time last year with history about Positive Parenting. See Partner list of 2008, this has grown since then.

### Lifesource – Suzanne Hammer

Suzanne encouraged everyone to donate blood, see flyer for details at Morton Steak house. Recently a baby needed blood and they were able to help. On May 8, 2010 Horizon Community Church will have a blood drive.

### Group Name – Lisa

Five beds were added in February, 2010. There has been great luck with housing opening up. Families were able to move into intermediate. 19 beds were open at their location recently last week. Now this week all beds are full. They try to get families their own room. Approximately 4 single and the rest are families. Two bedrooms have 5 beds. They keep shifting to try to accommodate all families that need a place to stay. Recently they hired a community resource person named Amanda that may start at next meeting. The shelter took a blow last year and hopefully all is OK for this year. A list of needs for donations for shelter will be brought to the next meeting. The shelter needs include anything for use daily at home such as cleaning supplies, shampoo, child needs, personal items, etc. It is ok to bring donations to Downers Grove location at 75<sup>th</sup> & Lemont.

### Woodridge Library – Beth

New product called Mango languages is available that teaches ESL and other foreign languages. Job Club is held on Mondays at 10:00 am.

A discussion group meeting is planned for April 27, 2010; Program planned for May 12, 2010; Gardening Program is May 16, 2010; Summer Reading is planned for 8 weeks starting June 1, 2010. Beth may be able to confirm place for next meeting of July 21, 2010 if needed.

### Giving DuPage – Kathy Blair

Promotes volunteerism, register on website if any group needs volunteers. National Volunteer Week hosted samples of service. 22 agencies are open to the community for this week. A lot of press is expected with the Daily Herald, awareness is great.

Planning of fall events includes 9<sup>th</sup> Annual Volunteer event, see website for details of the following: 9-10-10 Corporate Day; 9-11-10 Day of Service (county wide day of volunteering) with corporate volunteers; 9-25-10 3<sup>rd</sup> Year of Volunteer Recruitment, this year will tie into Green Fair with Scarce. Also on 9-11-10 is Kickoff for You Tube competition, finally 12-7-10 is an event that she will confirm details.

### Lifelink – Carmen Toranzo

Family worker Joy is out of town. Lifelink is opening a new Headstart program for children 6 weeks to 3 years old at Mohawk Street. KinderCare was previously at this location, 75<sup>th</sup> & Janes Avenue. Lifelink will be separating from Headstart program. Lifelink plans to keep Senior Housing only. While Lifelink is in transition process the programs will continue. Carmen is a family worker and is new in the community. There are 2 programs that include home based program, if a family member does not work, visits are weekly to work with baby and mom, and there is a family day together. The 2<sup>nd</sup> program is Headstart and daycare available for families if both parents work or attend school full-time. They also work with YWCA Childcare assistance, see flyer for phone #. They are serving 18 families, 8 infants and 8 toddlers; there are 11-12 slots

for home based programs. They cover Woodridge and Downers Grove area for now and may include Darien and Westmont in the future. Finally, they plan to still have their annual coat drive this year.

#### YWCA – Barbara Taylor

Healthy kids program for 240 kids and their parents to promote healthy eating in general was held this past Saturday. YWCA is gearing for the summer with a new session in June, 2010 Healthy Kids Camp that will include snacks, activities, sports and aquatics.

Upcoming fundraising events are planned for May 8, 2010; Golf Outing in June, 2010. Their annual campaign has a 140,000 goal. There is a membership campaign with a zero joiners fee going on now.

#### Woodridge Junior Women's Club – Mary Ann Frank

Fundraiser for Parents as Teachers was recently held, final details available this evening. This event took place at Arabian Farm that was very enjoyable and had good participation from the community. The Women's Club is putting together programs for next year, if anyone has an idea for partnership please forward information to her for consideration. The last project of the year is the Flower Sale for High School Scholarship where a local high school student will receive money for a scholarship. See flyers for details on flowers, orders are due 5-6-10 for delivery on 5-13-10.

#### Woodridge Rotary – Julie Burke

The Woodridge Rotary Recycling Extravaganza is planned for May 22, 2010 at Cypress Cove. The Rotary could use volunteers and hope to make this an annual event. The Annual Mini-Triathlon is planned for August 15, 2010 at Cypress Cove and is a fun event for the community.

#### DuPage County Health Department – Kathleen Browning

Forward is a new program. Fighting Obesity Reaching healthy weight in DuPage history, see handout. On 8-8 this program was started, a group is advisory board now Supt. of schools wrote 10 key strategies to work on obesity problem. Ann Marchetti is the Director at Health Department for this program. There are 3 committees as follows: Data and Research Committee; Marketing Committee and Partnership Committee. 150 organizations are part of this program. See website, FORWARDDUPAGE.ORG for partnership form to join them.

Program was launched to partners during meeting at Morton Arboretum. In the spring, 3-13-10 there was a Health Fair event at Whole Foods, they met with partners. The 2<sup>nd</sup> Coalition meeting explained information in graphic detail with the vision of Forward program, applied but did not receive grant, but are still working on this program. DuPage County is covered; they are working on developing local coalitions, building an

army of expertise to have a place to go and to meet the needs of the community. They plan to partner with Indian Boundary YMCA with exciting work to help develop with community groups. YMCA has done a lot internally and externally to develop healthy options for community in DuPage county region. PE for life, Physical Education, reverses obesity. Focus on children initially, now identify for all residents of DuPage.

#### Woodridge Wellness Committee – Julie Burke

The Wellness Committee started in 1968. Julie asked members if it is ok to partner with supporting positive parenting, Mary voted yes; all members agreed, unanimous vote. Good for residents to know about community oriented group. See page 14 for listing from Positive Parenting booklet.

#### NEXT MEETING

July 21, 2010 at the Jefferson Junior High, Woodridge

#### ADJOURNMENT

Meeting was adjourned at 2:25 pm.