

Minutes

Woodridge Community Wellness Council

April 9, 2008

Attendees

Julie Burke, Woodridge Community Wellness Council Chair
Lt. Jay Caron, Lisle-Woodridge Fire District
Julia Cedillo, Village of Woodridge
Tim Cramer, Breaking Free, Inc.
Dave Krupka, Woodridge Police Department
Mary Landis, Girls Scouts-Prairie Winds
Michelle Lanzi, DuPage County Health Department
Joy Maguire-Dooley, Lisle Township Adult Services
Jill Marten, FACS teacher, Jefferson Jr. High
Susan McNeil-Marshall, Woodridge Public Library
Greg O'Donnell, Metropolitan Family Services
Lee Pistilli, St. Scholastica School
Rob Siebert, Boy Scouts of America

Introductions

Julie Burke, Woodridge Community Wellness Council (WCWC) Chair, welcomed the council members to the meeting. Members introduced themselves and stated their affiliation.

Message from Mayor Murphy

Julie Burke read an e-mail from Mayor Bill Murphy sending his regrets for not being able to attend the meeting and thanking Council members for all they do to help make Woodridge a better community.

Approval of Minutes

The chair asked for a motion to approve the minutes of the January 23, 2008 meeting. A motion was made and seconded. The minutes were approved by a unanimous vote.

Lisle Township Presentation - Joy Maguire-Dooley

Lisle Township provides many services to its residents including general assistance to citizens to alleviate a life threatening circumstance or meet a basic need such as food, rent, utilities, prescriptions, or personal hygiene items.

In addition to general assistance, the township:

- Offers youth programs including Snowball Program, Snowflake Program and Snowflurry Program, Peer Mediation Program and Life Skills Program.
- Operates a food pantry. Residents in need may use the pantry once every 30 days.
- Has weekly job clubs for the unemployed and underemployed. Support, networking and career strategies are the main focal points of the three Clubs. Resumes are reviewed at the Monday group. Job leads, outside speakers, and one-on-one job search counseling are available to Club attendees on Wednesday and Friday.

- Runs the Ride DuPage transportation program for seniors and the disabled. It operates 24 hours a day/seven days a week. The cost is \$1 for the vehicle to come and \$1 for each mile traveled.
- Helps citizens process passports by providing the forms, taking photos and sending the forms in.
- Provides professional counseling services for residents who need help dealing with individual, couples or family issues. Members of the Department are trained in loss and grief issues as well as addictions.
- Has a Carrier Watch program that encourages postal workers to alert authorities if they see mail collecting in mailboxes so that those residents will receive a wellness check.
- Supports the Share Your Soles international program that collects new or gently used shoes to give to needy individuals throughout the world. The township also collects packaging tape. Drop off locations for the shoes are the Lisle Township office or the Lisle Village Hall. Donations of packaging tape to mail the shoes, as well as money, are greatly appreciated too.

Lisle Township distributes a newsletter quarterly. If you are a Lisle Township resident and do not regularly receive the Lisle Township Newsletter, call 630.968.2087.

For more information on Township Services call 630.968.2087. For more information on the Job Clubs, counseling services and Share Your Soles, call Joy Maguire-Dooley at 630.968.2087, ext. 13. For information on all other services, call the Township main number at 630.968.2087.

Announcements

Breaking Free, Inc. - Tim Cramer

The focus of Breaking Free Inc. is on drug and alcohol prevention and treatment. Many programs are available. The program, "Guiding Good Choices" is a program available to junior high parents in Woodridge. Contact Shari Johnson at 630.897.1003 for more information.

Woodridge Public Library - Susan McNeil-Marshall

The public library is gearing up for its summer reading programs. Programs for children and teens are offered. Books required for summer reading for high school students are available for checkout. The library offers adult book clubs year round. In the fall, the library will offer a "Values and Esteem Building" program for families.

DuPage County Health Department - Michelle Lanzi

There have been a few changes made at the DCHD for immunizations and prenatal visits. Effective May 1st you must have an appointment for any immunizations. The prenatal program will refer patients to doctors after their initial visit to the DCHD. Patients will have the choice of several doctors to contact for further pre-natal care. In August the health department will hold its annual health fair in Wheaton. Check the health department website at www.dupagehealth.org or call 630.682.7400 for further information.

Girl Scouts-Prairie Winds-Mary Landis

The Girl Scouts self-esteem building program at Autumn Grove apartments has recently ended. A variety of summer programs are being planned. More than 2000 girls will

spend time at the Girl Scout camp in Woodridge over the summer. The Girl Scouts will use some of the apartment complex clubhouses for their programs.

St. Scholastica School - Lee Pistilli

- In April, the students completed a service project to help house tsunami victims.
- The Relay for Life fundraiser will be held in May.
- DARE programs just started for the spring quarter.
- The students have worked hard on a play presentation of "The King and I" to be performed the weekend of April 12th.

Metropolitan Family Services - Greg O'Donnell

Metropolitan Family Services (MFS) is looking for youth mentors and for individuals to serve on its mentoring oversight board. MetroMentors has started its newest location at the Woodridge Resource Center. For more information on mentoring, contact Marsha Ndoko at 630.784.4836 or check online at www.metrofamily.org.

Parents as Teachers (PAT) is a parent consultation and family support program serving families throughout pregnancy until age 5. The program is offered in English and Spanish. There are currently three openings for parents wishing to receive services. Such openings are rare because children and parents stay in the program for such an extended time. Contact Pat Nugent 630.784.4978 (English) or Rebecca Chin 630.784.4986 (Spanish).

MFS is looking for existing playgroups in the area in which to provide developmental information.

Woodridge Police Department - Officer David Krupka

The Woodridge Police Department continues to retire officers and hire qualified candidates. The department has a personal commitment to the DARE programs. A couple of current officers have expressed interest in pursuing those community-linked positions. DARE is strong in Woodridge and will continue. The 10 week Citizens Police Academy recently ended with graduation of the participants.

CERT (Community Emergency Response Team) Training

The Darien-Woodridge Fire District and the Woodridge Police Department are jointly sponsoring a Community Emergency Response Team (CERT) course. This class offers instruction to the general community about how to sustain themselves, and help others, in major emergencies.

The course is seven weeks long, three hours per night. The first class will be held Tuesday, April 29 at 7 PM.; classes run through June 10. There is no cost for the course; registration is limited. Contact Officer Lindblom at 630-719-4745 to sign-up or for further information. Classes will be held at the Darien-Woodridge Fire District station at 7550 Lyman in Darien. For additional information about CERT visit www.citizencorps.gov/cert.

Village of Woodridge - Julia Cedillo

State of the Village Luncheon and Address

- The annual State of the Village address and luncheon will be held on Wednesday, April 16, at 11:30 a.m. at Bobak's Signature Events at Seven Bridges. The event is

hosted by the Village of Woodridge and the Woodridge Area Chamber of Commerce. The Village is currently working on the mayor's address for the event. There will be a business- and community-oriented multimedia presentation. Call 630.960.7080 to register. The cost of the luncheon is \$30.

- The Village is preparing for a special partial census in 2008. The last full census was in 2000. It is expected that the partial census will add around 1200 residents to our population count.
- The 25th Woodridge Jubilee will be June 14-16.
- The 6th Annual Cultural Fest will be held at the Town Centre Sept 5 and 6. It will feature local foods at affordable rates, dance groups, music entertainment, children's activities, and crafts for purchase from a non-profit organization.
- The Diversity Forum meets every 4th Wednesday of every month and is always looking for new members. There is a particular need for members of diverse ethnic backgrounds.

Lisle-Woodridge Fire District - Lt. Jay Caron

The Insurance Services Organization evaluation has given the LWFD its highest rating. The LWFD has received this Class One rating for 10 consecutive years and was the first in the country to do so.

The Smoke Detector program for citizens who are disabled, homebound, or 65 and older is going strong. As part of the program, the fire district conducts a safety evaluation of the home and installs free smoke detectors and night lights. While the program does not provide for free carbon monoxide detectors, the fire district will install them for anyone who has already purchased them. This will only be done during the time the fire district in the home to install the free smoke detector. There is currently a short waiting list for the program.

Boy Scouts of America - Rob Siebert

- The February scouting food drive was very successful.
- Troop 562 is hosting a spaghetti dinner at Goodrich School April 11.
- The Mayors Breakfast Fundraiser will be held on April 17. The mayors of Woodridge, Lisle and Naperville will attend. The cost is \$35 for an individual; sponsorship is available. Go to www.thunderbirddistrict.org and click "news" for more information.
- Scout-O-Rama will be held on May 10th at Cantigny in Wheaton. The cost is \$4 for an individual and \$8 per family. More than 100 activities will be offered.
- The BSA is gearing up for summer camp programs.

Woodridge School District 68 - Jill Marten

March was a busy month for the district conducting ISAT testing. Many intramural programs and clubs are available to Jefferson Jr. High students. The boys basketball team went to the state finals this year after winning the conference championship.

Jill announced she would be resigning from the council effective May 2008.

General Announcements - Julie Burke

Woodridge Community Pantry

The Pantry will hold its annual Cabaret Dinner Show/Silent Auction fundraiser on Sunday, April 20th at the Krasa Center at Benedictine University in Lisle. The cabaret

begins with cocktails and silent auction at 5:30 p.m. followed by dinner and a show at 6:30 p.m. Dinner will be provided by Carrabba's Italian Grill. Tickets are \$30.

The Pantry is looking for volunteers in a variety of capacities. Especially needed are people to pick up food at local merchants in Woodridge, Downers Grove, Lisle and Willowbrook. For more information contact Anne Banks at 630.512.9921 on Mondays, Wednesdays or Fridays or e-mail her at ABanks@wcpinc.org.

Summer Literacy Program

The Woodridge Resource Center is offering a free summer literacy program for children currently enrolled in Grades 1-4. The program will run from June 16 through August 13. The program will be conducted on Mondays and Wednesdays. First and second graders will go from 10:00 a.m. - noon while third and fourth graders will go from 12:30 - 2:30 p.m.

Each group will be limited to 10 students. A \$10 deposit is required at the time of registration and is refundable at the end of the program. Registration takes place on Thursday, May 22 and Friday May 23 from 10:00 a.m.-4:00 p.m. at the CRC.

Woodridge Park District

- The Summer Activity Guide will be delivered to residents April 18-21.
- The new Park District website launches on April 18.
- Cypress Cove opens May 24.
- Hobson Pool opens May 31 for its final season.
- The Park District is still hiring lifeguards for summer season.
- There are a few openings for the 23rd Annual Road Rally for team in the four-hour scavenger-hunt adventure for adults on Saturday, April 26 from 4:00-8:00PM. Registration fee is \$99 for a 6-person team. The registration deadline is Friday, April 18. Program cost includes an awards ceremony and pizza dinner.

DGS Presents Once Upon a Mattress

Downers Grove South High School will put on its spring musical "Once Upon A Mattress," April 17-19. Tickets are \$8 for adults and \$7 for students; senior citizens are complimentary.

Council Discussion

Julie Burke asked what aspect of the WCWC meetings were useful to attendees. Members in attendance cited announcements, information exchange, service partnerships, networking, and program presentations as highly valuable to the members. Ms. Burke noted that some important entities in the village, most notably School District 68, have not been participating in the Council recently. District 68's lack of participation recently could be due to scheduling conflict, she noted. She will contact Becky Surber to discuss it after the school year ends.

She said that the Council has undergone changes in the past year whereby more segments of the community attend but that the focus of the council should be considered for ways to make it beneficial to the greatest number of segments of the community. The mission statement for the Council also needs to be reconsidered since it does not fit the one posted on the Council's website. Ms. Burke asked for volunteers to form a small subcommittee to look at these issues and to report their ideas at the next meeting. Tim

Cramer, Rob Siebert, Greg O'Donnell and Mary Landis offered to serve on the subcommittee.

Ms. Burke suggested that the Council meet four times a year instead of the current three times. Council members agreed.

Ms. Burke noted the resignation of the Council's secretary, Jill Marten. Ms. Burke said that while she would be willing to write the minutes in the future, she needed someone to take notes during the meetings. Mary Landis offered to take on that responsibility contingent upon her still being in her existing job wherein she can attend the WCWC meetings.

Next Meeting

The next meeting is tentatively scheduled for July 16, 2008 pending finding a place to hold it. The Library and Community Resource Center are not available that day. Ms. Burke will look for another location.

Adjournment

The meeting was adjourned at 3:00 p.m.